

Parent-Link Activities

Week No.: Week 9
Term: First

Week Beginning: 25th - 29th September
Theme: Healthy Eating



What we will learn this week:

English	Science	Math	Arts and PE
Doing words (is, are, am) <ul style="list-style-type: none">To learn how to construct a sentence using is, are and am	Eating and Drinking <ul style="list-style-type: none">To know the importance of nutrition in keeping them healthy	Measurement: capacity, informal units	Arts: "What Makes Our Teeth Happy" <ul style="list-style-type: none">To categorize good foods from bad foods P.E: "Lunch Menu" <ul style="list-style-type: none">To develop body flexibility

Things to Remember:

- Fruity Friday:** wafer biscuits, 1 sliced mangoes
- Book Week** will be on October 2-6, 2017. Every class will have their own classroom activities.
- As a part of this activity, we are also inviting parents to impart a small knowledge to the kids about your profession to meet the different community heroes such as doctors, nurses, teachers etc.
- U.N Day:** The children are allowed to wear **any** traditional costumes.

Activities at Home:

Through this topic, we will be exploring more about the importance of eating healthy food. Our suggested activities are:

- Over the weekend, you can prepare a healthy food with your child and discuss its importance to our body. You can take 2-3 pictures showing your preparation that they can present in the class for their show and tell on Wednesday.

Homework Section: (to be submitted every Monday of the following week)

None