



MONTHLY NEWLETTER

What we learnt this month?

Week No.	Theme	Letter	Colour	Shape	Number
10	Living and Growing	Pp	Yellow + Blue	Cylinder	10
11	Living and Non-Living Things	Cc	Red + Blue	Cube	Writing Number 1
12 & 13	Review letters, shapes and numbers from week 1-11 Trace name Practice writing number 1 and 2				

Wow Corner:

Our wow corner celebrates milestones that our children achieve over the three terms. These could be wonderful moments such as saying a new phrase, holding a crayon correctly, learning a new letter or number, etc. As a class, we want to celebrate any achievements and goals that our children accomplish. Please check out our board and see what 'WOW' achievements that your child has made throughout the term.



What's Happening

November Calendar	
6th	Term 2 Starts
10th	Armistice Day/ Coffee Morning
13th -17th	Parent-Teacher Conference
13th	Activities Start
15th	First day of the 2nd Term Clubs
24th	Foundation Day/ United Nations Day
27th	Universal Children's Day
30th	Bonifacio Day



It is your big day.
Blow your candles
and dig into your
big cake!



FROGS and ELEPHANTS



Simple Tips to Nurture Emotional Intelligence

Ask your teacher...

1. Acknowledge your child's perspective and empathize

Empathizing doesn't mean you agree, just that you see it from his/her side, too. He/she may have to do what you say, but he's/she's entitled to his/her own perspective. We all know how good it feels to have our position acknowledged.

It's hard for you to stop playing and come to dinner, but it's time now.

"You wish you could have me all to yourself, don't you?"

2. Allow expression

Little ones can't differentiate between their emotions and their "selves." Accept your child's emotions, rather than denying or minimizing them, which gives children

Reminders:

- We are inviting parents to join us on Friday, 10th of November at 8:00am for our first Coffee Morning.

Topic: Self Help
Skills: Help your child succeed in life

- We will remember all the militaries who have sacrificed their lives for us. As a tradition, there will be an Armistice Day Service on Friday, 10th of November (from year 4-12). Also, let us support the Filipino veterans and their families by buying some commemorative items.

poppy (flower)
20php

ballers
50php

pins, bracelet and pony 100php

the message that some feelings are shameful or unacceptable. Teach your child that the full range of feelings is understandable and part of being human, even while some actions must be limited.

"You're so mad, your brother broke your toy! I understand, and it's never okay to hit, even when you're very mad. Tell your brother in words how you feel.

"You seem worried about the field trip today. I used to get nervous on field trips too, in kindergarten. Want to tell me about it?"

3. Listen to your child's feelings

Often, your child just needs a chance to feel heard while he/she expresses his/her feelings. Once he/she feels and expresses them, he'll/she'll let them go and get on with his/her life. But to feel safe letting those feelings up and out, he/she needs to know you're fully present and listening.

"You are so sad and mad you just want to scream and yell and cry. Everybody feels that way sometimes. I'm right here listening, and see all those big feelings. You can show me how mad and sad you are."

