



# December



## Developmental Milestones: 4 to 5 Year Olds

What are some of the developmental milestones your child should reach by four to five years of age? Before you know it, the somewhat calm child of three becomes a dynamo of energy, drive, bossiness, and generally out-of-bounds behavior. You may be reminded of the earlier trials and tribulations you went through when he was two. Also obvious during this time is the tremendous spurt of imaginative ideas that spring from children's minds and mouths. All of this behavior and thinking will help your youngster build a secure foundation as he/she emerges into the world of kindergarten.

Here are some other milestones to look for.

### Motor and Self-help Skills

- \_\_\_ stands on one foot for ten seconds or longer
- \_\_\_ hops, swings, climbs
- \_\_\_ may be able to skip
- \_\_\_ copies triangle and other geometric patterns
- \_\_\_ draws person with body
- \_\_\_ prints some letters
- \_\_\_ dresses and undresses without assistance
- \_\_\_ uses fork and spoon
- \_\_\_ usually cares for own toilet needs

### Language and Cognitive

- \_\_\_ recalls part of a story
- \_\_\_ speaks sentences of more than five words
- \_\_\_ tells longer stories
- \_\_\_ can count ten or more objects
- \_\_\_ correctly names at least four colors
- \_\_\_ better understands the concept of time
- \_\_\_ knows about things used every day in school and at home

### Social and Emotional

- \_\_\_ understand and follow rules
- \_\_\_ engage in a cooperative and imaginative play
- \_\_\_ enjoys singing and dancing
- \_\_\_ shows more independence
- \_\_\_ developing preferences

Source: <https://www.healthychildren.org/English/ages-stages/preschool/Pages/Developmental-Milestones-4-to-5-Year-Olds.aspx>



Carels by Candlelight



January

12<sup>th</sup>

- Hair cut
- inspection
- Open Day

